

## CHAMOMILE BODY LOTION BAR

## INGREDIENTS

- Cocoa butter 80g
- · Raspberry seed oil 10g
- Hemp seed oil 9g
- German chamomile CO2 extract 1g
- Tapioca starch/Cornstarch 2.5g

## **STEPS**

- 1. Measure all ingredients: cocoa butter in a double boiler, oils including chamomile extract in a measuring cup and tapioca starch in another cup.
- Melt the cocoa butter in a double boiler. Let it temper for at least 10 minutes to avoid graininess.
- 3. Keep the water bath simmering. Add the oils to butter and combine well.
- 4. Add tapioca starch and use a whisk to gently break any clumps.
- Pour the hot mixture into a silicone single cavity mould. Let it harden in a cool place, preferably in the fridge. Unmould when completely solid.

## **STORAGE**

Store in a cool place away from direct sources of heat and sunlight.



